***Strength in Abiding in Christ***

“For this reason I bow my knees to the Father of our Lord Jesus Christ, from whom the whole family in heaven and earth is named, that He would grant you, according to the riches of His glory, to be strengthened with might through His Spirit in the inner man, that Christ may dwell in your hearts through faith; that you, being rooted and grounded in love, may be able to comprehend with all the saints what is the width and length and depth and height— to know the love of Christ which passes knowledge; that you may be filled with all the fullness of God. Now to Him who is able to do exceedingly abundantly above all that we ask or think, according to the power that works in us, to Him be glory in the church by Christ Jesus to all generations, forever and ever. Amen.”  
Ephesians 3:14-21 NKJV

**Stage 1: Praying for Strength to Obey God—Abiding in Christ**

We pray that the Spirit strengthens our inner man (mind and emotions) by illuminating our thoughts with living understanding and inspiring our emotions so that we are energized by His divine might to sustain our commitment obey Jesus and to realign to His kingdom perspective.

“…that He would grant you… to be strengthened with might through His Spirit in the inner man [mind and emotions]…”   
Ephesians 3:16

This prayer for daily strength corresponds with “abiding in Christ,” which is to pray or talk to Him. It takes God’s power to love God and to understand His Word. He will strengthen us as we ask Him on a regular basis. Jesus taught us to ask for “daily bread”—daily inspiration, direction, provision, etc. (Matthew 6:11). Moses taught Israel to gather manna on a daily basis (Exodus 16:16-22; John 6:58).

“But He gives more grace… Draw near [pray, etc.] to God and He will draw near to you…”  
James 4:6-8